



**CENTRUM JAZYKOVÉHO
VZDĚLÁVÁNÍ**
Masarykova univerzita

Autonomy Support via Self Reflection



**CENTRUM
JAZYKOVÉHO
VZDĚLÁVÁNÍ**

- workshop would be better
- who inspires us
- our experience
- tips for you and your students

John Dewey

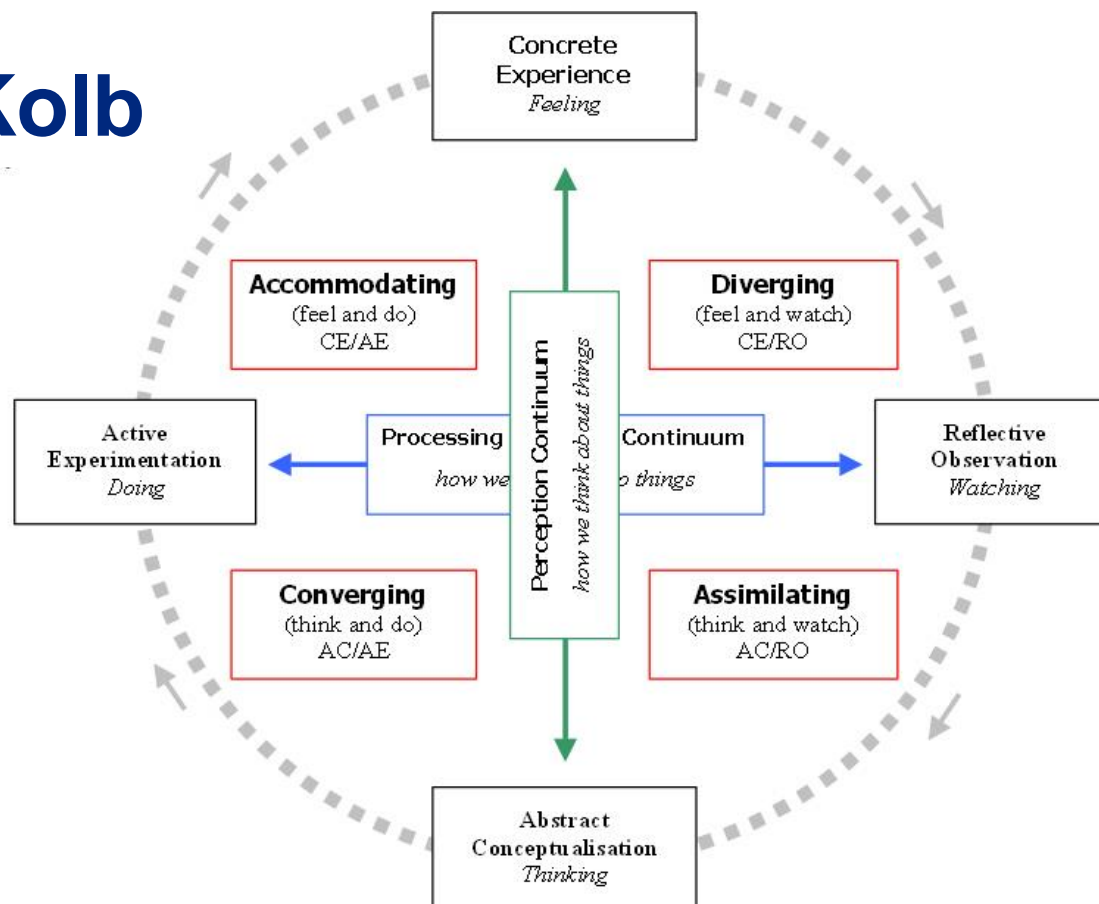
We do not learn from experience, we learn from reflecting on experience.

Give the pupils something to do, not something to learn; and the doing is of such nature as to demand thinking; learning naturally results.

The belief that all genuine education comes about through experience does not mean that all experiences are genuinely or equally educative.

David A. Kolb

learning cycle
learner style



© concept david kolb, adaptation and design alan chapman 2005-06, based on Kolb's [learning styles](#), 1984
Not to be sold or published. More free online training resources are at www.businessballs.com. Sole risk with user.

Donald Schön

single-loop learning

double-loop learning

reflecting in action

reflecting on action

Graham Gibbs

description, feelings,
emotions, evaluating,
analysing, other
solutions, what now...



From: <https://www.brookes.ac.uk/students/upgrade/study-skills/reflective-writing-gibbs>

Jack Mezirow, Jennifer Moon, Carl Rogers, Ryan Deci, David Little, Leni Damm, Leo Vygotsky, Felicity Kjisik, Leena Karlsson, Ema Ushioda, Zoltan Dorneyi, ... and our students

schools and reflection?



From <http://technical.ly/delaware/2014/12/11/scholarship-startup-partners-ud-startup-roundup/>

writing it down makes the difference



From: <https://www.flickr.com/photos/philgyford/4284791548>



reflection

How have I got where I am...

Me now...

Where to go now...

depth matters – levels according to Moon

Descriptive writing

Descriptive reflection

Dialogic reflection

Critical reflection



individualizing...

individualizing...

multiple intelligence

learning style

strategies

aim, expectations and needs

form

individualizing... I possess my reflection

multiple intelligence

learning style

strategies

aim, expectations and needs

form

individualizing... a variety of ways

language learning history, needs analysis, mind map, interview, e-portfolio, diary, recordings, videos, blog...

Reflecting for language learning

learning how to express oneself

correcting oneself

debugging

rewriting / paraphrasing

revising vocabulary / grammar

keeping record

motivating



Language for reflecting



J

David Little

...drawing together the threads of self-assessment,
goal-setting and reflection...

John Dewey

The most important attitude that can be found is the desire to go on learning.



From: <http://www.wykop.pl/tag/earthporn/archiwum/2014-04/>



Thank you for your attention.

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bibliography